



FULL CIRCLE
MARTIAL ARTS ACADEMY

COMPREHENSIVE MARTIAL ARTS & FITNESS TRAINING

KARATE CLASS SCHEDULE:

Lil' Dragons (3-5yrs): M & W 4:30-5:00pm

Children (6-11yrs): M & W 5:30-6:30pm

Adults (12yrs & up): M & W 7:00-8:30pm

Private Lessons available by appointment
Call for info on our other programs

Contact us at:

740-522-7045

info@www.fullcirclema.com



FULL CIRCLE MARTIAL ARTS ACADEMY offers a comprehensive holistic approach to martial arts, personal training and character development. We offer a variety of programs for everyone from toddlers to senior citizens in both class and private settings.

Our instructors provide world class teaching by drawing on experience and techniques in hard style Karate, soft style Kung Fu, Cardio Kickboxing and a variety of other disciplines. Our goal is to utilize focused training and personal commitment to help every customer to come "full circle" and experience their true potential in mind, body and spirit.



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