



# COMPREHENSIVE MARTIAL ARTS TRAINING

## CLASS SCHEDULE:

<b>Lil Ninjas (3-5yrs)</b>	Tues	5:30-6:00pm
	Thur	4:30-5:00pm
<b>Karate (7yrs &amp; up)</b>	Tues	6:15-7:15pm
	Tues	5:00-6:00pm

Contact us at:

**740-502-7707**  
**jonmichele61@gmail.com**



McFARLAND CHAMPIONSHIP MARTIAL ARTS offers a comprehensive holistic approach to martial arts, personal training and character development. We offer a variety of programs for everyone from toddlers to senior citizens in both class and private settings.

Our instructors provide world class teaching by drawing on experience and techniques in hard style Karate, soft style Kung Fu and a variety of other disciplines. Our goal is to utilize focused training and personal commitment to help every customer to come "full circle" and experience their true potential in mind, body and spirit.

MCMA is a member of



43 Sandalwood Dr  
Newark, OH 43055  
Telephone: (740) 522-7045  
E-Mail: info@fullcirclema.com  
Website: www.fullcirclema.com